



# WUR Goes Abroad

## 1. Student Information

<b>Field of study in Wageningen</b>	Spatial Planning
<b>Study period exchange (dd/mm/yyyy)</b>	25-01-2022 until 26-05-2022
<b>Country (exchange)</b>	Norway
<b>City (exchange)</b>	Ås
<b>University (exchange)</b>	NMBU
<b>Faculty (exchange)</b>	Life Sciences

## 2. Motivation for exchange

### Why did you choose to go on study exchange?

I did not want to start with my master right after my bachelor.

### What is the reason you chose for this country/university?

I had never been in Scandinavia before. And I heard good stories about NMBU.

## 3. Accessibility to reach destination

### Do you have any tips to reach your exchange destination? (E.g. bus, train, etc.)

You can do it by plane, bus, car, boat, everything is nice.

## 4. University and studying

Could you provide some general information about the followed courses?

	Course	ECTS	Short description of the contents	Appreciation of course: 1(low) – 5(high)	Remarks
1	Planning for sustainable urban regions	15	Spatial planning theories for urban regions with focus on case studies in Norway (e.g. Bergen, Oslo)	3	If you have done BLP, you know most theories already. I did not expect that for a master's course.
2	The Politics and Governance of the Environment	10	Social, economic and environmental theories on politics and governance of the society and nature.	3	Highly theoretical course. However, the excursion is very informative.
3					
4					
5					
6					

**How is the study formalized? (E.g. study forms, academic level, examination, workload, lesson material)**

Academic level was lower than I am used to. Study form is quite the same, there are lectures, excursions, self-study. Same regards to lesson material.

**What is the culture of the university? (E.g. How approachable are the lecturers, engagement with local students? What are the differences with the WUR?)**

My professors were very approachable, you could just chat with them about daily life. But that is what I am used to at BLP as well.

**What does the university offer the student additionally? (E.g. Catering, sports facilities, laundry facilities?)**

University doesn't offer such things themselves. But you can easily do laundry in your apartment and sporting has also a low threshold (different sport clubs, gym etc.)

## 5. Housing-travelling-living

**What are the possibilities for housing? (E.g. Availability to sign up for a room on campus, private rooms, rent rates?)**

You can choose whatever you prefer on a special website. You just pick a housing facility with # roommates.

**What is the culture of the country like? (E.g. Differences with home, local cuisine, habits, manners?)**

Norwegians are definitely more reserved. Of course there are exceptions but in general, don't expect a "cooking together vibe". Cuisine is interesting, but not necessarily good.

**Could you give a general price indication of the place of residence compared to living in Wageningen?**

Everything is more expensive. If a diner in Wageningen costs generally €4, here it is at least €6, but probably more. You have to accept that everything is more expensive. Also clothes, electronics, activities.

**Could you give some information about public transport infrastructure? (E.g. Cost public transport card, taxi prices, how to travel to the university?)**

€7 per train ride from Ås to Oslo. To the university you go by foot or bike.

## 6. Free time

**What are must-sees in the area? (E.g. nearby destinations, how do you prefer to travel, when to plan?)**

Oslo is nice to see. And for further travels: Lofoten, Gotenburg, Lapland!

**What does not appear in the travel guide, but is worth a visit?**

See above.

**Do you have general tips and tricks about leisure time (E.g. recommendations for restaurants, going out?)**

Partying in Oslo is fun.

## 7.Challenges & best moment abroad

**What was a challenge you have experienced?**

You definitely need a credit card, I had one, but without it is difficult since multiple things can only go by credit card.

**What was your best memory abroad?**

The trip to Lofoten with Dutch persons and the international trip to Lapland were great.

## 8. Contact details (optional)

<b>Is the reader allowed to contact the writer?</b>	yes <input checked="" type="checkbox"/>	no <input type="checkbox"/>
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