

### **WUR Goes Abroad**

### 1. Student Information

Field of study in Wageningen	Bachelor Environmental Sciences
Study period exchange	30/01/2023 until 30/05/202
(dd/mm/yyyy)	
Country (exchange)	Norway
City (exchange)	Ås
University (exchange)	Norwegian University of Life Sciences
	(NMBU)
Faculty (exchange)	-

### 2. Motivation for exchange

### Why did you choose to go on study exchange?

I wanted to experience what it is like living abroad as I was thinking of living abroad after my studies. Furthermore, living abroad would show me I can depend on myself as I knew no one else going to the same institution beforehand.

#### What is the reason you chose for this country/university?

The reason for choosing Norway was because of the beautiful nature and seeing how I enjoy living in the country. It is also very advanced when it comes to sustainability so I was wondering how noticeable it was.

### 3. Accessibility to reach destination

#### Do you have any tips to reach your exchange destination? (E.g. bus, train, etc.)

The NMBU sends a mail beforehand showing how to get there. In addition to this, I've heard there is a flixbus that leaves from somewhere close to Wageningen (might be in Germany however) which stops at the University bus stop. When going by plane the NMBU mentions taking a bus from the airport to a bus stop close to university, but in my experience it works better to take the train to Oslo central station and than go to Moss stopping at Ås. This is still quite a while walking, but especially in winter it is a lot easier as this method provides a flat ground whereas their provided method leads you through a few tunnels which can be very icy in winter. You can pay for tickets in the train or with the VY/Ruter app (needs credit card).

### 4. University and studying

### Could you provide some general information about the followed courses?

	Course	ECTS	Short description of the contents	Appreciation of course: 1(low) - 5(high)	Remarks
1	ECN350	10	2 Self-written papers on topic of choice	3	Was fully self-taught apart from 2 presentations on the papers written by students
2	AOS236	10	Covers multiple strategies within leadership approaches	4	Fun course with group work
3	FORNY305	10	Covers most of solar system design/use/planning	5	I loved this course because it offered a very good, broad understanding of most faucets within solar system design/use
4					
5					
6					

# How is the study formalized? (E.g. study forms, academic level, examination, workload, lesson material)

I had the whole exchange period for just 3 courses of 10 points. This meant that for me having one fully self taught course I only had about 5 hours on campus studying every week.

## What is the culture of the university? (E.g. How approachable are the lecturers, engagement with local students? What are the differences with the WUR?)

Lecturers are very approachable and kind and understand possible mistakes made by exchange students due to not understanding the system at the university. There is a party place close to university but you will need to pay for entrance when there is a party there.

# What does the university offer the student additionally? (E.g. Catering, sports facilities, laundry facilities?)

There is a lot of possibility to sport (all shown in Eika, the sporting centre). I would advice going to the introduction days by ESN as it answers any possible question you might have about facilities and possibilities on campus.

### 5. Housing-travelling-living

What are the possibilities for housing? (E.g. Availability to sign up for a room on campus, private rooms, rent rates?)

You sign up by the link they sent to you when you are accepted to study there and if you are in time with signing up (you have plenty of time) you will get a room via the website (similar to room but with a guarantee of a room as one of their buildings is almost exchange student only). These rooms are quite close to campus (walkable) and the rent is similar to the Dutch rent rate.

### What is the culture of the country like? (E.g. Differences with home, local cuisine, habits, manners?)

Norwegians can feel a bit cold as they are not very talkative unless needed for a group project or when they are drunk. This makes it tough to connect with the locals unless you find them drunk.

### Could you give a general price indication of the place of residence compared to living in Wageningen?

As mentioned the prices are quite similar which is helped by good conversion from NOK to EURO (favoured paying in EURO as conversion rate was good)

# Could you give some information about public transport infrastructure? (E.g. Cost public transport card, taxi prices, how to travel to the university?)

Public transport is quite cheap and it works by time. So if you buy a ticket to Oslo you get a certain amount of time. If only going for a quick shop it is possible to go back and forth on a single ticket making it quite cheap.

#### 6. Free time

# What are must-sees in the area? (E.g. nearby destinations, how do you prefer to travel, when to plan?)

Oslo is quite nice to go to (as it is the only major city close-by) but the town of Drøbak is very beautiful too and very pleasant to be.

### What does not appear in the travel guide, but is worth a visit?

Drøbak as it is a very beautiful town and the Deichmann library in Oslo as it offers stunning views over the Oslo-fjord

## Do you have general tips and tricks about leisure time (E.g. recommendations for restaurants, going out?)

I would advice on paying for sporting rights (about 50-60 euros for half a year) as I had a lot of spare time and there is little else to do in the city itself.

### 7. Challenges & best moment abroad

#### What was a challenge you have experienced?

Filling in free time as I had a lot of it.

### What was your best memory abroad?

Going on hikes with friends I made in Norway and eventually travelling to Lofoten for a week to experience not seeing the sun set for the whole week.

### 8. Contact details (optional)

Is the reader allowed to contact the writer?	yes □	no ⊠
Name/e-mail		