



WUR Goes Abroad

1. Student Information

Field of study in Wageningen	Animal Sciences
Study period exchange (dd/mm/yyyy)	01/02/2023 until 31/05/2023
Country (exchange)	Norway
City (exchange)	Ås
University (exchange)	NMBU
Faculty (exchange)	Animal Sciences

2. Motivation for exchange

Why did you choose to go on study exchange? I wanted a new adventure and everytime I spoke to someone who went on exchange, I became so excited and enthusiastic. Also, going on exchange is a really big opportunity to experience how it is to study in a foreign country without like major steps to take.

What is the reason you chose for this country/university? I always wanted to go to Scandinavia. I just love the nature here and the 'freedom'. Here in Ås they offered the perfect courses for my study which completely suit my interests.

3. Accessibility to reach destination

Do you have any tips to reach your exchange destination? (E.g. bus, train, etc.)

We had our own car (which is a major benefit and very luxurious haha), but if you would like to go to Norway too and are in the opportunity to buy/get a car, I would definitely do it. Norway is a country where the public transport is not that good, but with a car you can get everywhere. Moreover, I carpooled with a friend who also did her exchange here. In this way, we also were offered the green transport thing from the WUR.

4. University and studying

Could you provide some general information about the followed courses?

	Course	ECTS	Short description of the contents	Appreciation of course: 1(low) – 5(high)	Remarks
1	Experimental Animal Nutrition and Physiology	10	You learn about the different techniques used to study animal nutrition and physiology	5	Really liked this course. The final exam was an oral but I've learned so much during the semester due to writing papers with a group.
2	Optimalization of Feed Processing for Different Animal Species	5	You learn about all the different feed processing methods for different animal species	3	Liked it, but a lot of lectures and just learn a lot of theory.
3	General Nutrition	10	Learn about all the macro- and mineral nutrients and the different mechanisms behind these in an animal/human body	5	Really liked it. Learned a lot in 3 months time and now really 'use' what I've learned. So still putting things into practice.
4	Human Wildlife Interactions	5	Understanding and learning of human wildlife conflicts and interactions	4	You have to write a 6-page paper about an human wildlife interaction of your choice.
5					
6					

How is the study formalized? (E.g. study forms, academic level, examination, workload, lesson material)

It is good formalized. I've had 1 paper, 2 orals and 1 written exam. I liked the oral exams to do, the teachers were really kind and tried to help you. However, it is really different from the written exams we're used to in Wageningen. The workload compared to the credits is a little bit lower compared to Wageningen, I think.

What is the culture of the university? (E.g. How approachable are the lecturers, engagement with local students? What are the differences with the WUR?)

There is a really nice culture. Small classes with little (around 15) people, so there is a lot of room to ask questions. I liked it.

What does the university offer the student additionally? (E.g. Catering, sports facilities, laundry facilities?)

The university offers sport facilities, which are really good. There is a really big gym close to the campus. They also offer good catering everywhere on campus.

5. Housing-travelling-living

What are the possibilities for housing? (E.g. Availability to sign up for a room on campus, private rooms, rent rates?)

There are some opportunities for housing. Almost everyone lived in Pentagon, this is a building with several corridors with 6 people living in here. To be honest, my corridor was not that cosy and the kitchen/living room was quite old. But it was okay. The rent rates were around 390 euros a month, for a 12 m2 room (I think), with sink and a shared kitchen + living room + bathroom.

What is the culture of the country like? (E.g. Differences with home, local cuisine, habits, manners?)

There was not a really big culture difference, however, I only hang with the exchange people. The Norwegians are quite shy and already have their 'life' here.

Could you give a general price indication of the place of residence compared to living in Wageningen?

I think I paid around 390 euros a month. In Wageningen I also pay this so it is quite okay. However, in Wageningen I have a much bigger and more luxurious kitchen and living room.

Could you give some information about public transport infrastructure? (E.g. Cost public transport card, taxi prices, how to travel to the university?)

Public transport is quite expensive. For example, to travel to Oslo by train (ride of 17 minutes), costs you 12 euros roundtrip. Moreover, public transport is not going everywhere but it is good though. I walked to university everyday, since I've lived on campus.

6. Free time

What are must-sees in the area? (E.g. nearby destinations, how do you prefer to travel, when to plan?)

Oslo is definitely a must-see. Really nice city which offers a lot! Liked it so much, but sometimes wished I lived here haha and not in Ås. However, this is not possible study-wise since it is too far away. I really liked going away in the weekends, and I was so lucky to have a car.

What does not appear in the travel guide, but is worth a visit?

A skiing weekend is something I would definitely recommend!

Do you have general tips and tricks about leisure time (E.g. recommendations for restaurants, going out?)

Oslo offers so much nice restaurants and places to go out! And since it is not that far away it is a good opportunity.

7.Challenges & best moment abroad

What was a challenge you have experienced?

Sometimes in the beginning I missed my family and friends but a after a month or so this changed completely and I've now had the best time! Would recommend it to everyone to go here.

What was your best memory abroad?

Probably the trips I've made with the new friends. I've went on several ski weekends and the Lapland trip (organized by ESN) is also definitely a must!!

8. Contact details (optional)

Is the reader allowed to contact the writer?	yes <input checked="" type="checkbox"/>	no <input type="checkbox"/>
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