



Dear student,

Welcome back to The Netherlands! We hope you enjoyed your time abroad! To inform other students to go on study exchange you could help us by filling in this questionnaire. The questionnaires will be placed on vestego.esabroad.wur.nl to inspire students. Please fill in the questions in **English**. Try to be specific with your answers when possible. Your answers could help students make choices to go study abroad.

Thank you for your time and contribution!

Kind regards,

Study Abroad Office

1. Student information

Study programme at WUR BSc - Health and Society

Study period exchange 9/17/18 until 02/02/2019

Country/City (of exchange) Vila Real, Portugal

University (of exchange) Universidade de Trás-os-Montes de Alto Douro (UTAD)

Faculty (of exchange) School of Human and Social Sciences

2. Motivation for exchange

Why did you choose to go on study exchange?

I've always wanted to explore the world and this seemed like a great opportunity to experience a country's culture. Portugal has always sparked my interests and thus I chose to study in Portugal. Also, I wanted to get out of my comfort zone, I've always lived a little bit safe and I felt like doing something more adventurous.

What is the reason you chose for this country/university?

I didn't choose UTAD for the university but I mainly chose it for the country. There were two options in Portugal and I randomly chose Vila Real instead of Evora.

How did you find the information on studying abroad?

Other students



3. Accessibility Exchange destination

Do you have any tips to travel from the Netherlands to your exchange destination?

Fly to Porto, take the metro to station Bolhao, walk five minutes to the Rodonorte bus terminal and from there take the bus to Vila Real.

4. University & studying

Could you provide some general information about the followed courses?

	<i>Course</i>	<i>ECTS</i>	<i>Short description of the contents</i>	<i>Appreciation of course: 1(low) - 5(high)</i>	<i>Remarks</i>
1	Gestao das organizacoes (organizational management)	6	No real description because the classes were in Portuguese, I just had to make a paper and/or a presentation.	1	Only pick it if you know Portuguese.
2	Comportamento organizacional (organizational behaviour)	6	Very nice (American) professor, we had a presentation every week with some other Erasmus students about leadership, teamwork and conflict management for example.	4	We had no real classes but we thought each other about the course in our presentations. We discussed the presentations so it's a must that you know the English language.
3	Controlo de gestao (management control)	6	No real description because the classes were in Portuguese, I just had to make a paper and/or a presentation.	1	Only pick it if you know Portuguese.
4	Gestao de conhecimento (Knowledge management)	3	No real description because the classes were in Portuguese, I just had to make a paper and/or a presentation.	1	Only pick it if you know Portuguese.

	<i>Course</i>	<i>ECTS</i>	<i>Short description of the contents</i>	<i>Appreciation of course: 1(low) – 5(high)</i>	<i>Remarks</i>
5	Gestao do risco em saude (Health risk management)	6	No real description because the classes were in Portuguese, I just had to make a paper and/or a presentation.	1	Only pick it if you know Portuguese.
6	Marketing de servicos de saude (Health marketing management)	3	No real description because the classes were in Portuguese, I just had to make a paper and/or a presentation.	1	Only pick it if you know Portuguese.
7	Sistemas e politicas de saude (Health systems and policies)	6	No real description because the classes were in Portuguese, I just had to make a paper and/or a presentation.	1	Only pick it if you know Portuguese.
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How is education organized? (E.g. study forms, academic level, examination, workload, lesson material)

Education is barely organized, the classes are in Portuguese, most professors almost never answer any emails and it is really hard to find them on the university grounds. The workload is very low because they just give you a paper and/or a presentation to make. The professors don't get paid for having Erasmus students in their class so they don't want to do any extra work for us.

What is the culture of the university? (E.g. How approachable are the lecturers, engagement with local students? What are the differences with the WUR?)

There are a lot of differences, I cannot really tell a lot about it though because classes were in Portuguese and there was no point for me to go there really.

What does the university offer the student additionally? (E.g. Catering, sports facilities, medical services?)

The catering in the residences is very good, cheap meals. Also the student gym is very good, large and a good price.

5. Housing-living-public transport

What are the possibilities for housing? (E.g. Availability to sign up for a room on campus, private rooms, rent rates?)

When you go there they give you a room in the residences but I was surprised when I got there because there were 4 people in my room. This is okay if you are used to having a shared bedroom (which was also the living room as there was only one room). I moved out as soon as possible to an apartment in the city, the problem is you go to Vila Real in the winter is that it will be cold as there is no central heating anywhere.

What is the culture of the country like? (E.g. Differences with home, local cuisine, habits, manners?)

The culture is awesome, the people are great.

Could you give a general price indication of the place of residence compared to living in Wageningen?

I would say it is not a lot cheaper, the housing and restaurants are cheaper but I didn't notice any real price differences in stores and supermarkets.

Could you give some information about public transport infrastructure? (E.g. Cost public transport card, taxi prices, how to travel to the university?)

There is a bus (1 euro per ride) but don't be surprised if it doesn't come at all and you have to wait another half hour. The best is to just walk to the university, from the center of the city this is about 20-25 minutes.

6. Leisure and travelling

What are must-sees in the area? (E.g. nearby destinations, how do you prefer to travel, when to plan?)

All of Portugal, Lisbon and Porto ofcourse. But all the nearby cities are great to visit.

What does not appear in the travel guide, but is worthwhile visiting?

The natural park just north of Vila Real. I would advise you to go hiking with a group.

7. Challenges & best moment abroad

What was a challenge you have experienced?

The cold every day.

What was your best memory abroad?

The people I met are awesome.