



WUR Goes Abroad

1. Student Information

Field of study in Wageningen	Nutrition & Health
Study period exchange (dd/mm/yyyy)	01-10-2021 until 31-03-2022
Country (exchange)	Germany
City (exchange)	Munich
University (exchange)	Technical University Munich
Faculty (exchange)	Life sciences

2. Motivation for exchange

Why did you choose to go on study exchange?

I wanted to meet people from different countries and I wanted to know what it was like to study in another country on my own.

What is the reason you chose for this country/university?

I really like Munich and the University has good ratings.

3. Accessibility to reach destination

Do you have any tips to reach your exchange destination? (E.g. bus, train, etc.)

You can travel to Munich for 30 euro by train.

4. University and studying

Could you provide some general information about the followed courses?

	Course	ECTS	Short description of the contents	Appreciation of course: 1(low) – 5(high)	Remarks
1	Disease Pathologies and Nutrition	8	You get an overview of all the diseases and there relation to nutrition.	3	You have to study a lot for this course and give a 1 hour presentation with a group. But the topics discussed are interesting
2	Food Design and Food Industry	5	You learn about different aspects of product development and the major	4	We investigated the major food players on sustainability which was very interesting.

			players in the food industry.		
3	Health Behaviour and Health Promotion	5	You learn about different health models and how we can use them to change health behaviour.	3	Nice lectures with an enthusiastic professor however the paper we had to write was super long.
4	Consumer Behaviour	6	You learn about different factors that drive consumer behaviour like for example motivation.	3	Interesting lectures.
5	Lab Course Beverage Microbiology and Quality Assurance	3	This course is mostly about the spoilage and beneficial microorganisms in beer.	3	Nice to be on campus in the lab however maybe not the most relevant course.
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How is the study formalized? (E.g. study forms, academic level, examination, workload, lesson material)

Compared to the WUR it is strange to have all the workload at the end of the semester. You had to learn a crazy amount of lectures or one exam which I found hard. The academic level however is similar to the WUR. The group work was different the papers were longer and the presentations to which in my opinion is not that efficient.

What is the culture of the university? (E.g. How approachable are the lecturers, engagement with local students? What are the differences with the WUR?)

I think it was different because of COVID but I did not meet local students and the lectures all send me to someone else.

What does the university offer the student additionally? (E.g. Catering, sports facilities, laundry facilities?)

There was not enough space at the sport facilities. I did get housing with the university.

5.Housing-travelling-living

What are the possibilities for housing? (E.g. Availability to sign up for a room on campus, private rooms, rent rates?)

I got a room via the university which was only 280 but it was in Freising which is at the campus but very far away from Munich 50 minutes by train.

What is the culture of the country like? (E.g. Differences with home, local cuisine, habits, manners?)

Germany is similar to the Netherlands the cuisine is mostly potatoes and meat. But ofcourse different meats and ways of preparation then back home. And very nice beer.

Could you give a general price indication of the place of residence compared to living in Wageningen?

600 when you live in the centre and around 300 when you get an accommodation from the university.

Could you give some information about public transport infrastructure? (E.g. Cost public transport card, taxi prices, how to travel to the university?)

I biked to the campus and I had a semester ticket for 200 euros which I used for the train U bahn and S bahn.

6. Free time

What are must-sees in the area? (E.g. nearby destinations, how do you prefer to travel, when to plan?)

I loved going to the mountains for 12 euros you could go with a Bayern ticket with a group of 5 by train.

What does not appear in the travel guide, but is worth a visit?

Neuschwanstein, Innsbruck and Salzburg where amazing if I would go again I would also say Vienna and Prague.

Do you have general tips and tricks about leisure time (E.g. recommendations for restaurants, going out?)

Hofbrauhaus is the most touristic restaurant but very nice to visit at least ones. There are amazing clubs such as bahnwarterthiel, neuraum, harry klein and backstage.

7.Challenges & best moment abroad

What was a challenge you have experienced?

There is a lot of paperwork involved in going on an exchange. Communication with the university is hard. I changed my learning agreement so many times it was crazy and I could not follow the courses I really wanted to. There was no coordinator or mentor available so I had to figure everything out on my own.

What was your best memory abroad?

I loved meeting internationals I have an amazing group of new friends.

8. Contact details (optional)

Is the reader allowed to contact the writer?	yes <input checked="" type="checkbox"/>	no <input type="checkbox"/>
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