

WUR Goes Abroad

1. Student Information

Field of study in Wageningen	Animal Sciences			
Study period exchange (dd/mm/yyyy)	24/08/2021 until 14/01/2022			
Country (exchange)	Sweden			
City (exchange)	Uppsala			
University (exchange)	SLU – Swedish University of Agricultural Sciences			
Faculty (exchange)	Animal Sciences			

2. Motivation for exchange

Why did you choose to go on study exchange?

To get out of my comfort zone by living abroad for half a year. I also wanted to follow courses at another university to broaden my knowledge.

What is the reason you chose for this country/university?

I've always wanted to go to a Scandinavian country and SLU provided courses (about animal welfare) that I was very curious about.

3. Accessibility to reach destination

Do you have any tips to reach your exchange destination? (E.g. bus, train, etc.)

Travelling by plane goes very fast, but travelling by train is cheaper as you don't have to check-in all of your luggage.

4. University and studying

Could you provide some general information about the followed courses?

	Course	ECTS	Short description of the contents	Appreciation of course: 1(low) - 5(high)	Remarks
1	Animal welfare and behaviour	15	All about animal welfare including things such as environmental enrichment or behavioural analysis. Also a part about ethics.	3	The course was set up a bit messy and included mostly discussions instead of lectures with in-depth information.
2	Animal nutrition – health, behaviour and welfare	15	All about nutritional needs for different animals, and about the interaction of nutrition with health, behaviour and welfare.	5	
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How is the study formalized? (E.g. study forms, academic level, examination, workload, lesson material)

The Animal Nutrition course consisted of 3 weeks of in-depth lectures, and after that our weeks were filled with discussions, exercises and presentations.

The Animal Welfare and Behaviour course mainly consisted of discussions and the learning material almost only consisted of scientific articles that you had to read to do an exercise or to prepare a discussion.

The work load of both courses was very doable and examination was done through a home exam where we had to write short 'essays' to answer questions.

What is the culture of the university? (E.g. How approachable are the lecturers, engagement with local students? What are the differences with the WUR?)

For both courses I was in a small class (one with 18 students, one with 40 students), so there was very good contact between the lecturers and students.

What does the university offer the student additionally? (E.g. Catering, sports facilities, laundry facilities?)

There is the Ultuna Studentkår who organizes activities also for international students specifically.

5. Housing-travelling-living

What are the possibilities for housing? (E.g. Availability to sign up for a room on campus, private rooms, rent rates?)

Housing is very easy. You can say your preferences and the university makes sure there is a room for you available.

What is the culture of the country like? (E.g. Differences with home, local cuisine, habits, manners?)

Sweden is a very chill country. The people are not very social (in that they wouldn't easily start a conversation with you), but when you talk to them they are very kind and can also speak English very well.

Could you give a general price indication of the place of residence compared to living in Wageningen?

I would say everything is a little bit more expensive.

Could you give some information about public transport infrastructure? (E.g. Cost public transport card, taxi prices, how to travel to the university?)

Public transport is very easy. You have to download the app "UL" with which you can plan your trip with the bus and buy your ticket. For the train you can buy tickets and plan your trip with the app "SJ". But it is also really nice to have a bike and to cycle to places as there are very good cycling paths everywhere.

6. Free time

What are must-sees in the area? (E.g. nearby destinations, how do you prefer to travel, when to plan?) / What does not appear in the travel guide, but is worth a visit?

Lake Ekoln is a must-see. It is a 20 minute bike ride from the university. It is a very beautiful lake, and I would highly recommend to join the Swedish tradition of swimming in the cold water all the way through fall and winter. Canoeing on the lake is also really nice in the summer/early autumn and you can hike along the lake.

Do you have general tips and tricks about leisure time (E.g. recommendations for restaurants, going out?)

There are a lot of cute cafés with the most delicious cakes and pies in Uppsala. It is also very easy to travel to Stockholm for a day trip, and there is of course lots to do in Stockholm as well.

7. Challenges & best moment abroad

What was a challenge you have experienced?

I didn't experience any big challenges.

What was your best memory abroad?

The whole experience of living abroad in Sweden, as it is a very beautiful country.

8. Contact details (optional)

Is the reader allowed to contact the writer?	yes ⊠	no □	
Name/e-mail	dione.vandis@wur.nl		