



WUR Goes Abroad

1. Student Information

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|---|---|
| Field of study in Wageningen | Food technology |
| Study period exchange (dd/mm/yyyy) | 19/072022 until 27/07/22 |
| Country (exchange) | Portugal |
| City (exchange) | Aveiro |
| University (exchange) | Aveiro university |
| Faculty (exchange) | Demac universidade de Aveiro departamento de engenharia de materiais e ceramica |

2. Motivation for exchange

Why did you choose to go on study exchange?

I really wanted to get more knowledge in the field of packaging and get interesting insights related to biopolymers and the sustainability of plastic materials.

What is the reason you chose for this country/university?

Aveiro university is working constantly with these kinds of materials and the city is full of interesting attractions to visit and explore.

3. Accessibility to reach destination

Do you have any tips to reach your exchange destination? (E.g. bus, train, etc.)

The means of transportation are present and connect different parts of the city of Aveiro with also different cities such as Porto or Lisbon. The city can be reached by bus and train.

4. University and studying

Could you provide some general information about the followed courses?

| | Course | ECTS | Short description of the contents | Appreciation of course: 1(low) – 5(high) | Remarks |
|---|--|------|---|--|--|
| 1 | Sustainable plastics – from feedstocks to product design | 3 | 15 online lectures embedded in a blended intensive program. 5 days hands-on experience in Aveiro city | 4 | The course was really intensive during the day and due to the limited amount of time some processes were done roughly. |

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| | | | in Portugal. Project-based learning method with industrial mentors Working towards sustainable plastic solutions | | |
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How is the study formalized? (E.g. study forms, academic level, examination, workload, lesson material)

During the day from 8.30 till often 6.30 the groups were working individually on their project to come out with a packaging design using bio-sustainable and degradable materials.

What is the culture of the university? (E.g. How approachable are the lecturers, engagement with local students? What are the differences with the WUR?)

Professors were extremely open to providing extra information when needed and to make feel all the students from the different universities as much at easy as possible

What does the university offer the student additionally? (E.g. Catering, sports facilities, laundry facilities?)

Catering and breaks with traditional products to get familiar with Portugal specialities.

5.Housing-travelling-living

What are the possibilities for housing? (E.g. Availability to sign up for a room on campus, private rooms, rent rates?)

There are several possibilities in Aveiro ranging from hotels to student houses

What is the culture of the country like? (E.g. Differences with home, local cuisine, habits, manners?)

The time spent in Aveiro was so limited that wasn't possible to detect distinctive differences between my culture and the one of the receiving country

Could you give a general price indication of the place of residence compared to living in Wageningen?

The price for food and restaurant as well as life in general is lower compared to the Netherlands making Aveiro a convenient place for a student to live the university life.

Could you give some information about public transport infrastructure? (E.g. Cost public transport card, taxi prices, how to travel to the university?)

Taxis and public buses are not that expensive but the city is not that big so the university might be reached by foot.

6. Free time

What are must-sees in the area? (E.g. nearby destinations, how do you prefer to travel, when to plan?)

Aveiro is placed on a lagoon so in the free time is really beautiful to walk around appreciating the view of the sea and the salt mines. Closed by there are several attractions such as costa nova in case you want to spend a day in the ocean or big cities like Porto or Coimbra.

What does not appear in the travel guide, but is worth a visit?

Actually I don't know

Do you have general tips and tricks about leisure time (E.g. recommendations for restaurants, going out?)

Try the typical delicacies from Portugal such as the francesina or pastel the natas.

7.Challenges & best moment abroad

What was a challenge you have experienced?

Working with plastic materials that I've never worked with.

What was your best memory abroad?

Visiting Porto and discover what the city has to offer.

8. Contact details (optional)

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| Is the reader allowed to contact the writer? | yes <input checked="" type="checkbox"/> | no <input type="checkbox"/> |
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