



# WUR Goes Abroad

## 1. Student Information

<b>Field of study in Wageningen</b>	B.Sc. Food Technology
<b>Study period exchange (dd/mm/yyyy)</b>	29/08/2022 until 15/01/2023
<b>Country (exchange)</b>	Sweden
<b>City (exchange)</b>	Lund
<b>University (exchange)</b>	Lund University
<b>Faculty (exchange)</b>	Faculty of Engineering

## 2. Motivation for exchange

### Why did you choose to go on study exchange?

I always loved to travel and meet new people. To go on a study exchange was the best opportunity for me to combine these two things. Furthermore, I wanted to challenge myself to live in another country again.

### What is the reason you chose for this country/university?

I have always chosen to go on holiday in the south. I have never visited Sweden or the other Scandinavian countries. Therefore, I was really interested in experiencing their culture. Furthermore, I read that Lund University is a high ranked university with a good engineering faculty.

## 3. Accessibility to reach destination

### Do you have any tips to reach your exchange destination? (E.g. bus, train, etc.)

Flying to Copenhagen and then taking the train to Lund central station is the fastest way to travel to Lund. Nevertheless, I would recommend trying to take the train to Copenhagen to avoid flying and to be more sustainable. There is even a FlixBus going from for example Hamburg directly to Lund central station.

## 4. University and studying

Could you provide some general information about the followed courses?

	Course	ECTS	Short description of the contents	Appreciation of course: 1(low) – 5(high)	Remarks
1	Solar Heating Technology	7.5	This course is about designing a solar thermal collector with different requirements. Lab-work, an excursion and working with a software are part of the course.	3(low)-5(high)	The course was good to follow, even though I did not have any pre-knowledge in this field.
2	Hydrology and Aquatic Ecology	15	This course is split in two parts: Hydrology and Aquatic Ecology. Hydrology is dealing among other things with flood risk management. Aquatic Ecology consists of analysing the ecology of rivers and lakes. In both parts excursions are included.	3(low)-5(high)	The course was good to follow, even though I did not have any pre-knowledge in this field.
3	Probiotics	7.5	This course mainly consists of a study analysing the composition of your own gut microbiota before and after consuming a kefir-drink. A lot of laboratory work is included.	3(low)-5(high)	The course was good to follow, due to some pre-knowledge in Microbiology and Fermentation processes.
4					
5					
6					

### How is the study formalized? (E.g. study forms, academic level, examination, workload, lesson material)

Like the study model of WUR, I had two of my courses for two months (September - October and November – mid January) and in the end of each course an examination of approximately four hours. One course (15 credits) was one semester long (September – mid January) with an exam in the middle of the semester and a report to hand in at the end of the semester. Two of my courses were Bachelor-courses and one was a Masters-course (Probiotics). Nevertheless, the workload was fine. All slides of the lectures were uploaded on a portal like Brightspace, which made it easier to follow the courses.

**What is the culture of the university? (E.g. How approachable are the lecturers, engagement with local students? What are the differences with the WUR?)**

The lectures were easy to follow. The University of Lund uses TimeEdit like WUR which helps to find the rooms and to create a schedule. Most of the students were really easy to talk to and helpful. It was noticeable that LTH, the faculty of engineering, was the biggest. Here the student life consists mostly out of events and traditions related to the faculty. Other faculties do not seem to have these traditions and organisation.

**What does the university offer the student additionally? (E.g. Catering, sports facilities, laundry facilities?)**

In nearly every building you can buy snacks and coffee or even a bigger lunch. The university does not have university-sport like WUR has. However, it was easy to find people to do your favourite sport with.

## 5.Housing-travelling-living

**What are the possibilities for housing? (E.g. Availability to sign up for a room on campus, private rooms, rent rates?)**

Lund University offers some service to find a place to stay through "Lund Accommodation", unfortunately it is hard to find a room with this service, because of the high number of students looking for houses. AF Bostäder is another company where students can find a student room. Their system is based on a lottery and therefore based on luck. There are other websites to find a room like blocket.se. In general, I made the experience that it is, like in every student-city at the moment, hard to find a room.

**What is the culture of the country like? (E.g. Differences with home, local cuisine, habits, manners?)**

Swedes are not very different compared to Germans or Dutch people. The only thing I noticed is that they do not really greet each other on the streets or when entering a café. A surprising fact that I experienced was that Swedish student really like to listen to ABBA, it is not a cliché.

**Could you give a general price indication of the place of residence compared to living in Wageningen?**

The rent in Lund is comparable to the one in Wageningen. I lived in a room in a student corridor and paid the same price as in Wageningen.

**Could you give some information about public transport infrastructure? (E.g. Cost public transport card, taxi prices, how to travel to the university?)**

Lund is a bit bigger (and hillier) than Wageningen. Nevertheless, biking is the best option to move around in Lund and to the university. There are a lot of busses too and the ticket price is similar to the one in Wageningen.

## 6. Free time

**What are must-sees in the area? (E.g. nearby destinations, how do you prefer to travel, when to plan?)**

Malmö and Copenhagen in the West are easy to reach by train, but also Helsingborg in the North of Lund is a city to visit. The trains in every direction are going regularly from and to Lund central station. In summer, but also in winter Lomma Beach is a nice destination to go to by bus.

**What does not appear in the travel guide, but is worth a visit?**

A perfect way to experience whole Scandinavia is joining the trips from ESN Lund. They organize a lot of daytrips, but also longer trips to different countries of Scandinavia and cities in Sweden.

**Do you have general tips and tricks about leisure time (E.g. recommendations for restaurants, going out?)**

I would recommend to try out the lunch offers, pubs and clubs organized by the student nations (student associations). They offer nice food, drinks and music for a really good price. Compared to other countries in Europe going out is a bit more expensive, therefore visiting the student nations is worth it.

## 7. Challenges & best moment abroad

**What was a challenge you have experienced?**

Challenging was the darkness at some point. Even though, I tried to be as social as possible, it was not so easy in December and January. The difference in time of the sunrise and sunset in Lund compared to Wageningen was not that big (maybe 1,5 hours), but it was noticeable. Sometimes, I had to push myself to go out and do sports and meet people.

**What was your best memory abroad?**

I had a wonderful time in Lund, especially because of the friends I made there. The best memory of my exchange was the Erasmus trip to Finnish Lapland. I never experienced something like this before. The people, the nature, the culture, everything was different from what I have known so far.

## 8. Contact details (optional)

<b>Is the reader allowed to contact the writer?</b>	yes <input checked="" type="checkbox"/>	no <input type="checkbox"/>
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