



# WUR Goes Abroad

## 1. Student Information

<b>Field of study in Wageningen</b>	Food Technology
<b>Study period exchange (dd/mm/yyyy)</b>	29-08-2022 until 23-12-2022
<b>Country (exchange)</b>	Denmark
<b>City (exchange)</b>	Copenhagen (Lyngby)
<b>University (exchange)</b>	DTU
<b>Faculty (exchange)</b>	Different faculties (chemistry/health)

## 2. Motivation for exchange

### Why did you choose to go on study exchange?

I wanted to see if I was able to live in another country away from home and I wanted to get to know people from different countries and cultures. Also, I was interested in the way a university abroad is organised. Besides this, I just felt like I needed a 'break' from life at home and just do something different for a change.

### What is the reason you chose for this country/university?

The reason I chose for Denmark was the fact that I wanted to go to a 'western' country because I felt like going abroad on itself was already a big step for me. I already visited Copenhagen a few years ago and I loved the vibe of the city. It is a relatively big city, but it never feels overwhelming. I chose to go to DTU because their semester ends before Christmas and I wanted to follow another course in January.

## 3. Accessibility to reach destination

### Do you have any tips to reach your exchange destination? (E.g. bus, train, etc.)

Travelling by train from the Netherlands costs about 75 euros for a one-way trip and takes about 10 hours. Advantage is that you don't need to worry about how much luggage you can take and you can apply for an Green Erasmus top up, which covers about one of your two trips.

Travelling by plane is faster but often more expensive when you have to book additional luggage. Also, you cannot apply for the Green Erasmus top up when travelling by plane.

## 4. University and studying

**Could you provide some general information about the followed courses?**

	Course	ECTS	Short description of the contents	Appreciation of course: 1(low) – 5(high)	Remarks
1	Pharmaceutical Drug Development	10		3	Long lectures, easy oral exam, (too) easy for 10 ECTS
2	Mucosal Immunology	5		2	
3	Enzyme Technology and Kinetics	5		3	Lectures were held in the evening from 6-8 pm, which was not known beforehand since they switched the time of the course
4					
5					
6					

**How is the study formalized? (E.g. study forms, academic level, examination, workload, lesson material)**

In one semester, there are 13/14 weeks of classes. Every 5 ECTS course corresponds to a 4h class per week, either in the morning from 8-12 or in the afternoon from 13-17. The timeslot of this class stays the same throughout the period, so it is easy to plan other stuff around your classes. After these weeks, there is an exam period of about 3 weeks. The level of the course material was similar to the level of the course material at WUR, but the examination is often easier, since many exams are either oral exams or open book written exams. The study forms may differ per course, but I had a lot of classes with just lectures, which made it hard to concentrate since the lessons lasted for 4 hours. Advantage of these long classes is that this means that you can easily have two days off of uni in a week and spend these on self-studying or doing something with your friends.

**What is the culture of the university? (E.g. How approachable are the lecturers, engagement with local students? What are the differences with the WUR?)**

The culture of the university is similar to the culture of WUR, maybe the lecturers are even more approachable compared to WUR, if you have a question you can always drop by their office. One thing I noticed is that the lecturers take a long time to introduce themselves during the introduction lectures, where lecturers at WUR often just state their name and department they work at/other courses they teach and then directly move on to the course itself.

**What does the university offer the student additionally? (E.g. Catering, sports facilities, laundry facilities?)**

Lunch at uni is good. There are lunch buffets where you pay based on the amount of food you put on our plate. There is also a gym on campus and there are sport associations. Laundry facilities can be found in the student accommodations. Other than this, quite some parties are organised at uni. These parties are nice because many international students go there.

## 5. Housing-travelling-living

### **What are the possibilities for housing? (E.g. Availability to sign up for a room on campus, private rooms, rent rates?)**

BDTU offers housing on campus and in places surrounding the campus (up to about 20 km from the campus). It is an easy way to get a house, but the rent is expensive.

You can also just check Facebook and try to rent a subletted room, these are generally more cheap since most Danish students pay less than international students.

### **What is the culture of the country like? (E.g. Differences with home, local cuisine, habits, manners?)**

Since I mainly spent time with international people other than native Danish people, it is hard to say something about this. However, what I felt like when I was in the supermarket/city is that the culture in Denmark is quite similar to the Netherlands so don't expect a culture shock. One thing that I noticed was that Danes are better at obeying traffic rules compared to Dutch people (no cycling through red, no cycling with 2 people next to each other).

### **Could you give a general price indication of the place of residence compared to living in Wageningen?**

My place was 750 euros a month so living in Copenhagen is not cheap. I lived in a dorm of BDTU (similar to Idealis) together with 23 other international students. I had my own bathroom but we shared a kitchen/living room. This is about twice as much as my room in Wageningen, but it was worth it considering that I had so many housemates. People who live in a subletted room generally pay less.

### **Could you give some information about public transport infrastructure? (E.g. Cost public transport card, taxi prices, how to travel to the university?)**

## 6. Free time

### **What are must-sees in the area? (E.g. nearby destinations, how do you prefer to travel, when to plan?)**

- Deerpark near Lyngby
- City centre of Copenhagen (Nyhavn, Christiania, Tivoli etc.)
- Other cities and places in Denmark (Aarhus, Aalborg, Skagen -> ESN roadtrip goes to the three other big cities and to the most north point of Denmark)
- Lund (Cute student city in Sweden close to Copenhagen)
- Lapland (Trip organised by ESN is amazing!)
- Mons Klint

### **What does not appear in the travel guide, but is worth a visit?**

- Strandvej: The street that goes from Skodsborg to the centre of Copenhagen has a lot of beautiful houses and a great view over the sea

- Bellevue beach: Beach near Lyngby where you can go for a swim

### **Do you have general tips and tricks about leisure time (E.g. recommendations for restaurants, going out?)**

- Restaurants: Reffen, Tivoli Food Hall, Popl (noma burger), café next door (breakfast/coffee place), the living room (breakfast/lunch/coffee/cocktail place), Luca pizza (amazing pizza, one of the best pizzarestaurants in Europe), Folkehuset absalon (cheap dinner in a communal hall where you sit together with other people, sign up in advance)
- Bars: Alpehytten (they have music bingo every Thursday evening at 20:30 during which you can drink as much as you want for one hour and during which you can win free shots or drinks), floss bar (a nice hipster bar with cheap beer), Heidies Bier Bar (Apres ski vibe bar), Leonowski (bar with cheap drinks and pool/sandboard)
- Clubs/partying: Chateau motel (commercial music), Culture box (techno), hangaren (techno), Proud Mary's (commercial music), The happy pig (commercial music)

## **7.Challenges & best moment abroad**

### **What was a challenge you have experienced?**

When I arrived I was the first person in my house. It felt a little lonely, but it was a good way to get to know the city and the surroundings and to take care of some things you have to do after you arrive, such as getting a residence permit and a bike.

### **What was your best memory abroad?**

I don't have one specific best memory. I just loved living in a dorm with 23 other international students. We had house evenings, watched movies, went to parties, studied, and just chilled in the living room. It was all a lot of fun and living together with a big group of people is such an easy way to meet a lot of people without putting in too much effort.

Besides this, I loved the ESN roadtrip and the ESN Lapland trip to Finnish Lapland.

Also, the music bingos at Alpehytten were some of my favorite nights in Copenhagen so I can really recommend going here with a big group of people!

## **8. Contact details (optional)**

<b>Is the reader allowed to contact the writer?</b>	yes <input checked="" type="checkbox"/>	no <input type="checkbox"/>
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