



WUR Goes Abroad

1. Student Information

Field of study in Wageningen	Nutrition and Health
Study period exchange (dd/mm/yyyy)	03-10-2022 until 03-02-2023
Country (exchange)	Italy
City (exchange)	Padova
University (exchange)	University of Padova
Faculty (exchange)	School of Social Sciences and Cultural Heritage

2. Motivation for exchange

Why did you choose to go on study exchange? I wanted to have the experience to study abroad and learn about new cultures and have the experience to study in another country.

What is the reason you chose for this country/university? I liked the culture and the weather of the country. Besides that, I like that the University is situated in a city that is not too big.

3. Accessibility to reach destination

Do you have any tips to reach your exchange destination? (E.g. bus, train, etc.)

Padova can be easily reached by bus. I took the Flixbus from Amsterdam to Verona, which took me 17 hours (you travel mostly during the night) and then from there I took the train from Verona to Padova, which took me almost an hour.

4. University and studying

Could you provide some general information about the followed courses?

	Course	ECTS	Short description of the contents	Appreciation of course: 1(low) – 5(high)	Remarks
1	ENTREPRENEURSHIP AND STRATEGIES FOR GROWTH	12	About determinants of the entrepreneurial development process, i.e.	3	Interesting course, but if you don't have a background in this (like me, it can be a bit

			determinants on how to become a successful entrepreneur. About the main features of successful business models.		harder than the average course.
2	INTERNATIONAL MANAGEMENT	6	About international businesses, MNE's, the global marketplace, national differences	5	Interesting course
3	PSYCHOLOGY OF ECONOMIC DECISIONS	6	It is about the main theories on decision-making. How do people make decisions and why does behaviour not conform to the assumptions proposed by economic theories?	5	Liked this course, interesting
4	PSYCHOLOGY OF INDIVIDUAL DIFFERENCES	6	study of Personality and Intelligence from an individual differences perspective	4	
5	RELATIONAL MARKETING	6	Use marketing tools to make an own brand as a group project.	5	Liked the combination of group work and lectures very much
6					

How is the study formalized? (E.g. study forms, academic level, examination, workload, lesson material). I would say that the academic level is lower than at the WUR but the academic level at the University of Padova is still quite high. Especially in Italy it is known to be one of the best universities. The examination of my courses was mostly a combination of group work and a written exam of all the lectures and study contents. The workload is average. Classes are 2 to 3 times a week for 1,5 hours per class.

What is the culture of the university? (E.g. How approachable are the lecturers, engagement with local students? What are the differences with the WUR?)

The lecturers are approachable, but it also depends on the amount of people that follow the course. A difference compared to the WUR is that in Padova a student could be an attending student or a non-attending student. Non-attending students were able to do everything online and were given other assignments instead of groupwork for example. Also lecturers are less punctual if I compare in to the Netherlands. It is not surprising if a lecturer enters the room later, or a student.

What does the university offer the student additionally? (E.g. Catering, sports facilities, laundry facilities?)

There are many canteens across the city, next to or in the university building. There are also sport facilities.

5.Housing-travelling-living

What are the possibilities for housing? (E.g. Availability to sign up for a room on campus, private rooms, rent rates?) There is a possibility to sign up for a room via the university. Bedstudent and HousingAnywhere are also possibilities to get a room. Another option that many students do is looking for a room via Facebook (Padova Housing Erasmus+)

What is the culture of the country like? (E.g. Differences with home, local cuisine, habits, manners?) They eat a lot of their own cuisine, so lots of pasta etc. Asian cuisine is not really a thing there so finding those products in the store is more difficult. People have dinner later than in the Netherlands. People are very kind.

Could you give a general price indication of the place of residence compared to living in Wageningen? The rent is generally more expensive than in Wageningen, because of the lack of sufficient rooms. There is some shortage of rooms available for students.

Could you give some information about public transport infrastructure? (E.g. Cost public transport card, taxi prices, how to travel to the university?) If you follow courses in Padova itself you can do everything by bike or sometimes even walk everything when you live centrally. If the courses that you follow are in Legnaro (for the food and agricultural courses mainly), then you have to take the bus to get to the campus (I think about half an hour from Padova train station)

6. Free time

What are must-sees in the area? (E.g. nearby destinations, how do you prefer to travel, when to plan?) Bologna (go during weekdays), Verona, Monselice (for hiking tour), Garda lake (for warmer days). All best to do by train. But renting a car is also a good option, pretty cheap if you go with 4/5 for example.

What does not appear in the travel guide, but is worth a visit?

Do you have general tips and tricks about leisure time (E.g. recommendations for restaurants, going out?) For going out: Fishmarket is the place where the Erasmus students go on Wednesday, very fun. Also, Factory is very nice on Saturdays. For dinner: Duomo or al Vecio Cason. Drinks: bars near piazza dei Signori, Piazza delle Erbe.

7.Challenges & best moment abroad

What was a challenge you have experienced? Finding a room mostly and adjusting to Italian English professors spoke. They speak English but some had strong accents you needed to get used to.

What was your best memory abroad? Making new friends from different cultures and making trips with them and exploring the city and country and sharing memories.

8. Contact details (optional)

Is the reader allowed to contact the writer?	yes <input checked="" type="checkbox"/>	no <input type="checkbox"/>
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