



WUR Goes Abroad

1. Student Information

Field of study in Wageningen	Animal Sciences
Study period exchange (dd/mm/yyyy)	23-3-2022 until 5-6-2022
Country (exchange)	Sweden
City (exchange)	Uppsala
University (exchange)	Swedish University of Agricultural Sciences
Faculty (exchange)	Agricultural sciences

2. Motivation for exchange

Why did you choose to go on study exchange?

I always wanted to study abroad, first for my bachelor however that did not work out. Then when I had the opportunity to go during my bachelor I took it. It is a very nice experience to help discover more about yourself, make lifelong friends and experience how life is in another country.

What is the reason you chose for this country/university?

I have always loved Sweden, I like the culture. It is quite similar to the Netherlands, yet still different. Also the universities there are of good quality.

3. Accessibility to reach destination

Do you have any tips to reach your exchange destination? (E.g. bus, train, etc.)

I believe it is possible to travel by train, however I did it by plane. There is an airport close to Uppsala, around 20 minutes by train or 45 minutes by bus. This makes it quite easy to go there by plane.

4. University and studying

Could you provide some general information about the followed courses?

	Course	ECTS	Short description of the contents	Appreciation of course: 1(low) – 5(high)	Remarks
1	Animal Nutrition – health, behaviour and welfare	15	You learn more about the nutrition of live stock animals and the effects of this nutrition on certain parts of their lives.	3	Communication with the teachers was a bit hard near the end of the course. Lectures on zoom were not recorded, in contrast to WUR.
2	Animal genetics – health, behaviour and welfare	15	You learn the effect of genetics on different parts of an animals life. You get some more insight knowledge into genetics and research	4	A lot of knowledge was expected to be present already. However it was still quite easy to follow for a bachelor student even though it is a masters course.
3					
4					
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6					

How is the study formalized? (E.g. study forms, academic level, examination, workload, lesson material)

This varies per course. The courses I followed were masters level, however they were not harder than some bachelors level courses I followed at the WUR. Examinations also differed per course, for both of my courses I did not have traditional exams for which you had to study. The examinations consisted of multiple written assignments.

What is the culture of the university? (E.g. How approachable are the lecturers, engagement with local students? What are the differences with the WUR?)

The lecturers are very approachable in my experience, the engagement with local students was harder as Swedish people are very introverted. At the WUR this would have been easier I think.

What does the university offer the student additionally? (E.g. Catering, sports facilities, laundry facilities?)

The university offers many things, there was a restaurant available for lunch. I do not know about the sports facilities as I did not participate in those.

5.Housing-travelling-living

What are the possibilities for housing? (E.g. Availability to sign up for a room on campus, private rooms, rent rates?)

The receiving university made sure we had rooms, they were quite nice, not that expensive compared to the Netherlands and what you got. It was a nice building with almost only Erasmus exchange students, which was very nice.

What is the culture of the country like? (E.g. Differences with home, local cuisine, habits, manners?)

the culture was quite similar. There were also nations, which have a resemblance to the Dutch student associations. It was a nice student city to live in.

Could you give a general price indication of the place of residence compared to living in Wageningen?

In my opinion quite similar, perhaps a bit more expensive.

Could you give some information about public transport infrastructure? (E.g. Cost public transport card, taxi prices, how to travel to the university?)

Public transport is quite accessible. It was around 27 SEK to travel in one region as they called it for 90 minutes. You could do this via your phone with an app or by buying a physical card if you did not have a credit card. You do need a credit card for a lot of things in Sweden as foreigners do not have the ability to have Swish, a Swedish paying method for which you need a Swedish personal number. It costs around 600 SEK to go from Uppsala central station to Arlanda airport, I don't know about other distances. SLU is very good accessible via public transport. From the place where I lived, it was around 20 minutes by bike, which was very good to do once the snow melted.

6. Free time

What are must-sees in the area? (E.g. nearby destinations, how do you prefer to travel, when to plan?)

Stockholm is around 40 minutes away by train, which is a very nice city to visit. Gamla Uppsala is around 20 minutes by bus. In and around Uppsala are quite a lot of nice things to discover such as the Castle, the Domkyrka and the fika places.

What does not appear in the travel guide, but is worth a visit?

Fika places, such as Storö, Uno, Guntherska are very nice.

Do you have general tips and tricks about leisure time (E.g. recommendations for restaurants, going out?)

Nations are similar to Dutch student associations, it is highly recommended for each student to join one of those. They are not that expensive and when you join one, you have access to them all. There you can go clubbing, to pubs and have cheap dinners.

7.Challenges & best moment abroad

What was a challenge you have experienced?

Going out of my comfort zone and making fast friend there as you are solely dependent on yourself there.

What was your best memory abroad?

The trip to Lappland. It was an organized trip and it was amazing.

8. Contact details (optional)

Is the reader allowed to contact the writer?	yes <input type="checkbox"/>	no <input checked="" type="checkbox"/>
Name/e-mail		