



WUR Goes Abroad

1. Student Information

Field of study in Wageningen	Nutrition and Health
Study period exchange (dd/mm/yyyy)	23-02-23 until 14-07-23
Country (exchange)	Greece
City (exchange)	Athens
University (exchange)	Agricultural University of Athens
Faculty (exchange)	Department of Animal Biosciences, Department of Food Science and Human Nutrition, Department of Biotechnology, Department of Crop Science

2. Motivation for exchange

Why did you choose to go on study exchange?

I wanted to travel and learn how to be more independent.

What is the reason you chose for this country/university?

This country was leftover and I wanted to go to a warm place, but I also liked that it was close to the sea.

3. Accessibility to reach destination

Do you have any tips to reach your exchange destination? (E.g. bus, train, etc.)

I went by plane.

4. University and studying

Could you provide some general information about the followed courses?

	Course	ECTS	Short description of the contents	Appreciation of course: 1(low) – 5(high)	Remarks
1	Evolution	5	About the evolution theories, mainly about the theory of Charles Darwin	5	
2	Weed Science	5	What can be done about weeds mainly in agriculture and also focussing on sustainability	4	
3	Plant Stress Physiology	5	How for example water and metal stress affected the growth of the plant	3,5	
4	Enology 2	5	Own research with given books	2	Did not get any classes or help
5	Ruminants Nutrition	6	How ruminant milk is affected by what the ruminants eat and what the best feed was etc.	5	
6	Food Packaging	5	Own research and presentation	2	Did not get any classes or help

How is the study formalized? (E.g. study forms, academic level, examination, workload, lesson material)

The level and workload were low, the study materials were limited. Examinations were except from evolution presentations or writing.

What is the culture of the university? (E.g. How approachable are the lecturers, engagement with local students? What are the differences with the WUR?)

They had separate courses for Erasmus students, other courses were in Greek.

What does the university offer the student additionally? (E.g. Catering, sports facilities, laundry facilities?)

Free meals and gym.

5.Housing-travelling-living

What are the possibilities for housing? (E.g. Availability to sign up for a room on campus, private rooms, rent rates?)

I had a room with roommates, they gave a website. Everything worked perfectly.

What is the culture of the country like? (E.g. Differences with home, local cuisine, habits, manners?)

Greek people are super nice and have good foods, especially good salads.

Could you give a general price indication of the place of residence compared to living in Wageningen?

It is a little bit cheaper so maybe if you do everything x 0,8.

Could you give some information about public transport infrastructure? (E.g. Cost public transport card, taxi prices, how to travel to the university?)

Public transport was very cheap for students and it is a big city so it had metro's, busses and trams.

6. Free time

What are must-sees in the area? (E.g. nearby destinations, how do you prefer to travel, when to plan?)

Beach, musea, cultural areas, monastiraki, national gardens, hiking. Everything is reachable by metro.

What does not appear in the travel guide, but is worth a visit?

The train bike riding, it is a bike on old train places. It is also possible to hike and sleep in the mountains, close to the center.

Do you have general tips and tricks about leisure time (E.g. recommendations for restaurants, going out?)

The university also host parties and every area has a super cheap and cute fruit market weekly. Also the area called excarchia has cheap local bars. And a place near omonia sells super cheap fresh orange juice.

7.Challenges & best moment abroad

What was a challenge you have experienced?

In the beginning sometimes it was lonely. Try to go to ESN and it is also possible to go to activities from other ESNs!

What was your best memory abroad?

We randomly organised our own zagori trip and we went rafting, every time the boat turned around. We sang turn around and also the guide started singing with us. Also my random trip to Jordan with friends from Athens, but that was not in Greece of course.

8. Contact details (optional)

Is the reader allowed to contact the writer?	yes <input checked="" type="checkbox"/>	no <input type="checkbox"/>
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