

WUR Goes Abroad

1. Student Information

| Study programme WUR | Food Technology | | |
|----------------------------------|-----------------------------------|--|--|
| Exchange semester (dd/mm/yyyy) | 1-10-2023 until 16-1-2024 | | |
| Exchange destination: University | Agricultural University of Athens | | |
| Faculty | | | |
| Country | Greece | | |
| City | Athens | | |

2. Motivation for exchange

Why did you choose to go on study exchange?

I wished to experience what living abroad is like. Moreover, I wanted to escape the Wageningen Bubble for a while

What is the reason you chose for this country/university?

The rich history of the country, the nice weather, the good food

3. Accessibility to reach destination

Do you have any tips to reach your exchange destination?

You can go by train to Italy, and there take a ferry. A good friend of mine from Berlin went by bike. Took him a month but he was amazed by the journey

4. University and studying

Could you provide some general information about the followed courses?

| | Course | ECTS | Short description of the contents | Appreciation of course: 1(low) - 5(high) | Remarks |
|---|-------------------------------|------|---|--|---------|
| 1 | Meat Technology | 5 | | | |
| 2 | Dairy Science | 5 | | | |
| 3 | Bioinformatics | 5 | | | |
| 4 | Biosensors and nanotechnology | 5 | Really interesting course on novel technologies | | |
| 5 | Microeconomics | 5 | | | |
| 6 | Enzyme biotechnology | 5 | | | |

What is it like to study there?

E.g. study forms, academic level, examination, workload, lesson material.

I had a great time, however mostly outside of the university. The workload was low, since a lot of courses where self-study. A couple courses were more intense and challenging.

What is the culture of the university?

E.g. How approachable are the lecturers, engagement with local students? What are the differences with the WUR?

I cannot imagine a university more different from the WUR. Buildings are old and there is gravity all over them. There is cattle in the very centre of the university.

As far as people goes, the Greek students are very nice and friendly.

What does the university offer students additionally?

E.g. catering, sports facilities, laundry facilities?

Free lunch, some sport facilities (where you need doctors approval for :()

5. Housing-travelling-living

What are the possibilities for housing?

E.g. Availability to sign up for a room on campus, private rooms, rent rates? Mostly private rooms... I was late and found mine on facebook. If you are early Erasmus student housing and Erasmus Rooms Athens have very cozy houses.

What is the culture of the country like?

E.g. Differences with home, local cuisine, habits, manners?
Really good food, nice, chilled people, good weather, pretty islands. Sometimes anger towards the government

Could you give some information about public transport infrastructure? *E.g. Cost public transport card, taxi prices, how to travel to the university?*)

13 euros for a month of travelling in Athens. Ferry tickets for the nice islands are 50% of with student discount

6. Expenses

Can you give an indication of your expenses for/during your exchange?

E.g. you can also indicate price differences (higher/lower/equal) in comparison to the Netherlands.

Ticket there: 200 Visa if applicable: -

Vaccinations if applicable:-

Insurances (extra, if applicable): -

Housing costs per month & type of housing/accommodation: 420

Groceries: 120 Public transport: 13

Restaurant/going out for dinner: 120

Daytrips/sight-seeing: 200

Additional remarks regarding expenses?

I really lived like a Greek god, so did not care to much about expenses

7. Free time

What are must-sees in the area?

E.g. nearby destinations, how do you prefer to travel, when to plan?

Of course the city centre of Athens, as many islands as you can, ESN (from different universities) offer nice trips. Nafplio was good, Meteora is really pretty. Heard good stories about Thesaloniki

What does not appear in a travel guide, but is definitely worth a visit?

Do you have general tips and tricks about leisure time?

E.g. recommendations for restaurants, going out?

Yes, here is my list! https://maps.app.goo.gl/pRgWPk7fgXn5vM5M7

8. Challenges & best moment abroad

What challenges did you encounter and how did you overcome them?

Finding a room, so start early (1-2 months in advance), finding friends in the first weeks, so go on ESN weekend trips

What is your best memory of your time abroad?

The many many good dinners at our favourite restaurant, trip to Milos

9. Contact details (optional)

| Is the reader allowed to contact the writer? | yes ⊠ | no □ | |
|--|---------------------------|------|--|
| Name/e-mail | Thom thom.willemse@wur.nl | | |