



# WUR Goes Abroad

## 1. Student Information

|   |                                  |
|---|----------------------------------|
| <b>Field of study in Wageningen</b>       | Biology                          |
| <b>Study period exchange (dd/mm/yyyy)</b> | 16-2-2023 until 30-6-2023        |
| <b>Country (exchange)</b>                 | Italy                            |
| <b>City (exchange)</b>                    | milan                            |
| <b>University (exchange)</b>              | Universita degli studi di milano |
| <b>Faculty (exchange)</b>                 | Agriculture and food sciences    |

## 2. Motivation for exchange

### Why did you choose to go on study exchange?

To expand my experience, and get to know other cultures. And mainly to challenge myself.

### What is the reason you chose for this country/university?

I chose Italy because I knew that I would have a good time in Italy no matter what, and Italy always intrigued me so I wanted to experience the country more

## 3. Accessibility to reach destination

**Do you have any tips to reach your exchange destination? (E.g. bus, train, etc.)**

**If you take the train, make sure you do not travel through Germany or if you do take a direct train without transfer because the trains in Germany always have crazy delays**

## 4. University and studying

Could you provide some general information about the followed courses?

|   | Course                              | ECTS | Short description of the contents  | Appreciation of course:<br>1(low) – 5(high) | Remarks |
|---|-------------------------------------|------|--|---|---------|
| 1 | Protein engineering and proteomics  | 6    | You learn how protein folding works and how you can manipulate that to create protein more suitable for you            | 4   |         |
| 2 | Functional foods and nutraceuticals | 6    | You learn about different compounds in food that have other functions than nutrition, like polyphenols and carotenoids | 4   |         |
| 3 | Applied entomology                  | 6    | You learn about how insects can be used in agriculture to reduce the use of pesticides, and how to grow those insects  | 3   |         |
| 4 | Plant disease and pest management   | 6    | You learn about how plant diseases and pests are controlled and reduced in agriculture                                 | 3   |         |
| 5 | Plant signal transduction           | 6    | You learn about how plants react to extracellular signals and integrate them into a response                           | 4   |         |
| 6 |                                     |      |  |   |         |

**How is the study formalized? (E.g. study forms, academic level, examination, workload, lesson material)**

All the courses are mainly lectures, some courses have some practical's in the end but not a lot. And at the end of the course you have an oral exam. The do not really use books.

**What is the culture of the university? (E.g. How approachable are the lecturers, engagement with local students? What are the differences with the WUR?)**

**The lectures compared to the WUR are a lot more relaxed and less structured, and a lot more personal. The students are happy to help you with everything and everyone is very social.**

**What does the university offer the student additionally? (E.g. Catering, sports facilities, laundry facilities?)**

There are some student dorms from the university but they are a bit hard to get into, and then other than ESN they do not offer a lot

## **5.Housing-travelling-living**

**What are the possibilities for housing? (E.g. Availability to sign up for a room on campus, private rooms, rent rates?)**

**Housing in Milan is quite expensive. For a private apartment you pay on average 700/800 euros. The dorm is around 300 but you have to share your room with another student**

**What is the culture of the country like? (E.g. Differences with home, local cuisine, habits, manners?)**

**The culture is a lot more relaxed. Nobody is punctual and on time. That's the biggest difference in culture.**

**Could you give a general price indication of the place of residence compared to living in Wageningen?**

It is around twice as expensive as Wageningen

**Could you give some information about public transport infrastructure? (E.g. Cost public transport card, taxi prices, how to travel to the university?)**

**Public transport is very good, the trains to different parts of the country are very well connected and reasonably priced. In Milan the public transport is also very good especially the metros.**

## **6. Free time**

**What are must-sees in the area? (E.g. nearby destinations, how do you prefer to travel, when to plan?)**

**The como lake is very nice, I would recommend Lecco instead of como to swim. Genova is also very nice to visit.**

**What does not appear in the travel guide, but is worth a visit?**

**Well almost everything in Italy is nice to visit so you should see as much as possible.**

**Do you have general tips and tricks about leisure time (E.g. recommendations for restaurants, going out?)**

**Porta Venezia and porta romana are very underrated places in milan. And swim in the como lake is very nice**

## **7.Challenges & best moment abroad**

**What was a challenge you have experienced?**

**The fear of loneliness was my biggest challenge, I had never a problem of being alone but I did in Milan**

**What was your best memory abroad?**

**The time spend with the friends I made**

## **8. Contact details (optional)**

|   |   |                             |
|---|---|-----------------------------|
| <b>Is the reader allowed to contact the writer?</b> | yes <input checked="" type="checkbox"/> | no <input type="checkbox"/> |
| <b>Name/e-mail</b>                                  | Rick 1.dejong@wur.nl                    |                             |