



WUR Goes Abroad

1. Student Information

Study programme WUR	BSc Food Technology
Exchange semester (dd/mm/yyyy)	September 2023 until January 2024
Exchange destination: University	Universitat Polytechnica de Valencia
Faculty	Escola Tecnica Superior d'Enginyeria Agronomica I del Medi Natural
Country	Spain
City	Valencia

2. Motivation for exchange

Why did you choose to go on study exchange?

I wanted a change of scene from studying in Wageningen.

What is the reason you chose for this country/university?

Because I love Valencia. The city is large and vibrant and it is by the sea. Additionally, the weather is always good and Valencia usually attracts many young people and students, which is fun.

Furthermore, the UPV specifically is an acknowledged university.

3. Accessibility to reach destination

Do you have any tips to reach your exchange destination?

I went by plane.

4. University and studying

Could you provide some general information about the followed courses?

	Course	ECTS	Short description of the contents	Appreciation of course: 1(low) – 5(high)	Remarks
1	Seminars in the Life Sciences	10	Weekly seminars about varying topics are taught by experts on that specific topic.	4	
2	Workshops for Engineers	10	Weekly workshops for engineering students	4	
3	Online Research Project	10	Writing a large paper on a scientific topic	4	
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What is it like to study there?

Specifically for the exchange program that the UPV offers, the workload is a bit less than at the WUR. Attendance on the other hand is often obligatory opposed to many lectures at the WUR.

What is the culture of the university?

Everyone at the UPV is very friendly and helpful. In my particular case I only took courses taught in English that were designed specifically for exchange students, and I therefore mostly interacted with international students and not local students.

What does the university offer students additionally?

The UPV has great sports facilities that you can use for free!

5. Housing-travelling-living

What are the possibilities for housing?

I lived in a flat in the city centre, not on campus.

What is the culture of the country like?

Everyone is very friendly. The day starts and ends later. The food is good and eating out is cheap.

Could you give some information about public transport infrastructure?

Public transport for people under 28 was free when I was there. However, this might have changed since then. Taxi's are cheap compared to those in the Netherlands. And I myself used my bike most, which I rented through Kleta.

6. Expenses

Can you give an indication of your expenses for/during your exchange?

E.g. you can also indicate price differences (higher/lower/equal) in comparison to the Netherlands.

Ticket there: lower

Visa if applicable: n/a

Vaccinations if applicable: n/a

Insurances (extra, if applicable): n/a

Housing costs per month & type of housing/accommodation: higher (compared to Wageningen)

Groceries: lower

Public transport: lower

Restaurant/going out for dinner: lower

Daytrips/sight-seeing: lower

Additional remarks regarding expenses?

I found that life in Valencia was cheaper overall.

7. Free time

What are must-sees in the area?

I went on city trips to Madrid and Malaga which I liked, and in Valencia I did a trip to little Venice and Albufeira. Furthermore, the nicest beaches are near Patagonia.

What does not appear in a travel guide, but is definitely worth a visit?

Mhmm I cannot think of anything.. valencia is pretty well explored by tourists (which is a pity).

Do you have general tips and tricks about leisure time?

Enjoy the Spanish lifestyle ;)

8. Challenges & best moment abroad

What challenges did you encounter and how did you overcome them?

I cannot think of any challenges.

What is your best memory of your time abroad?

Running the Malaga half marathon with one of my friends.

9. Contact details (optional)

Is the reader allowed to contact the writer?	yes <input type="checkbox"/>	no <input checked="" type="checkbox"/>
Name/e-mail		