



WUR Goes Abroad

1. Student information

Study programme WU	MRF
Exchange semester (dd/mm/yyyy)	15-01-2024 until 31-05-2024
Exchange destination: University	Swedish University of Agricultural Sciences
Faculty	Agricultural Science, Business Administration; Forest Science
Country	Sweden
City	Alnarp

2. Motivation for exchange

a. Why did you choose to go on study exchange?

To experience different curricula, different teaching practices and to live abroad and to meet new people.

b. What is the reason you chose for this country?

Because of the university.

c. What is the reason you chose for this university?

The university has a good reputation.

3. Accessibility to reach destination

a. Do you have any advice about reaching your exchange destination?

It is easily accessible by multiple modes, e.g. bus, train, plane. When taking the plane, most people fly to Copenhagen Airport and from there take the train to Malmö.

4. University and studying

a. Could you provide some general information about the followed courses?

	Course	ECTS	Short description of the contents	Appreciation of course: 1(low) – 5(high)	Remarks
1	FÖ0471 Environmental Economics and Management	15	Basic microeconomic theory, some models of business	3	Even though the course takes place on location, about half of the lectures were on Zoom

			administration and management		as some lecturers were abroad.
2	SG0263 Broadleaves - Forest dynamics, biodiversity and management for multiple use	15	History, ecology, biodiversity, and sustainable governance of broadleaf forest ecosystems in the southern Baltic Sea region.	4.5	The multiple excursions to forests around the Scanian region and the study trip to Poland were amazing and contributed well to the theory learned in class.
3					
4					
5					
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b. I had sufficient possibilities to select suitable courses that were taught in English (Yes, No - Explain): No, there were not many courses relevant to my study programme on this campus taught on masters level.

c. I had sufficient possibilities to select suitable courses in my field of interest (Yes, No - Explain): Yes, but for me personally the courses of interest were given in the same period.

d. I am satisfied with the level of the courses that I followed (Yes, No - Explain): Yes for the forestry course as that topic was relatively new to me. However in the case of the economics course I was quite surprised by the basic level.

e. I am satisfied, in the end, with the selection of courses I followed (Yes, No - Explain): Yes for the forestry course as the knowledge gained is relevant to my field of study and applicable in practice.

f. What is it like to study there?

The level of education was similar to my sending institution. The workload is less compared to what I am used to. There is more of a work-life balance.

g. What is the culture of the university?

The interaction between students and teachers is very casual. People are very friendly and open to conversation.

h. What does the university offer students additionally?

Students who live on campus can use the laundry rooms free of charge. While students are offered food at a discount, it is still relatively expensive. There is an outdoor gym everyone can make use of.

5. Housing-traveling-living

a. What are the possibilities for housing?

It is possible to sign up for a room on campus. This is coordinated by the receiving institution.

b. What is the culture like?

People highly value independence. Interaction with the locals was quite casual regardless of age.

c. Could you give some information about public transport infrastructure?

Public transport tickets for the Skåne region can be bought on the Skånetrafiken app. For further destinations by train the SJ app can be useful. Tickets are offered at a discount when bought by two or more persons at once, but are relatively expensive nonetheless. Tickets are mostly digital.

6. Expenses

a. Can you give an indication of your expenses for/during your exchange?

Category	Expenses
Travelling there	Plane ticket to Copenhagen and transport to campus together were around €100
Visa - if applicable	-
Vaccinations - if applicable	-
Insurances (extra) - if applicable	-
Daytrips/sight-seeing	Daytrips range from €4-€30 depending on how far you go by public transport. Tickets can be bought in zones.
Housing costs per month & type of housing/accommodation	Housing was about €350, all included. My room was in a house with 3 others with shared facilities.
Grocery costs per month	~€100 if spent frugally and buying the cheaper options.
Public transport costs per month	~€50
Restaurant/going out for dinner costs per month	~€50, most places have lunch deals and I mainly cooked at home.

b. The price levels were in general [higher; lower; equal] in comparison to in the Netherlands: Higher for groceries but equal otherwise.**c. Additional remarks regarding expenses?**

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7. Free time

a. What are must-sees in the area?

Copenhagen, Lund, Falsterbo are worth a visit by public transport. There are a lot of national parks (Kullaberg, Söderåsen, Stenshuvud) nearby, which are more easily accessible by car. Watching the sunset at Lomma beach is also worthwhile.

b. What does not appear in a travel guide, but is definitely worth seeing/doing?

8. Challenges & best moment abroad

a. Any challenges? How did you deal with them?

During my first course there were very little contact hours, so I didn't meet a lot of people. But during lunch hours you are bound to run into familiar faces around campus.

b. Best memory?

International dinners, group trips, the study trip to Poland – so many good memories.

9. Contact details

Is the reader allowed to contact the writer?	yes <input checked="" type="checkbox"/>	no <input type="checkbox"/>
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