



# WUR Goes Abroad

## 1. Student information

<b>Study programme WU</b>	Msc – Food Technology
<b>Exchange semester (dd/mm/yyyy)</b>	02-07-2024 until 30-06-2024
<b>Exchange destination: University</b>	UPV -Valencia
<b>Faculty</b>	ETSIAMN
<b>Country</b>	Spain
<b>City</b>	Valencia

## 2. Motivation for exchange

### a. Why did you choose to go on study exchange?

I always wanted to go study abroad, I like the international environment for studies. It really broadens your mind and gives you new knowledge and new learning experiences/opportunities. This has been my second Erasmus, and I learned so much in both of these Erasmus semesters both academically and as a person.

### b. What is the reason you chose for this country?

I wanted to choose for a country that speaks Spanish, since I wanted to stay in Europe this was also the only option with great universities. I also like the Spanish lifestyle and also the weather plays a big role of course.

### c. What is the reason you chose for this university?

I chose the UPV, since it offered courses taught in English and the Erasmus programme is a big part of this university. It is a big university, which also makes the social life next to the university really great. Furthermore, it is one of the best technical universities of Europe.

## 3. Accessibility to reach destination

### a. Do you have any advice about reaching your exchange destination?

It is not the most sustainable option, but by Ryanair is really cost-effective. If you get an ESN-card already from Wageningen you get a 10% discount on the travel and also free luggage suitcase of 20 kg. This saves a lot of money.

## 4. University and studying

**a. Could you provide some general information about the followed courses?**

	Course	ECTS	Short description of the contents	Appreciation of course: 1(low) – 5(high)	Remarks
<b>1</b>	International seminars in life sciences II	10	There were 10 different seminars in the field of life sciences. After each seminar, a small report of 800 words needed to be handed in after each seminar.	4	Some were interesting, some weren't but you can often choose between which seminar you want to follow.
<b>2</b>	Online Research Project II	10	A topic needed to be chosen in the field of life sciences and a report needed to be handed in	3	
<b>3</b>	Espanol A2	4,5	This is a Spanish course of 2 times 1.5 hours on the level of A2	4	
<b>4</b>					
<b>5</b>					
<b>6</b>					

**b. I had sufficient possibilities to select suitable courses that were taught in English (Yes):** the English level was easy to understand

**c. I had sufficient possibilities to select suitable courses in my field of interest (Yes):** There are options in life sciences for at least 20 credits

**d. I am satisfied with the level of the courses that I followed ( No - Explain):** The level is quite low

**e. I am satisfied, in the end, with the selection of courses I followed (Yes):**  
These were the only options.

**f. What is it like to study there?**

The level and the workload is quite low, if you want to learn on a really high level this university may not be the best choice for you.

**g. What is the culture of the university?**

The lecturers are really approachable and always in to help.

**h. What does the university offer students additionally?**

The university has catering with Spanish prices, here you can have a really cheap coffee and lunch break. Furthermore, they offer sports for free like padel, tennis, etc.

## 5. Housing-traveling-living

**a. What are the possibilities for housing?**

I would use spotahome, idealista or smth like that, no need to go to live on the campus.

**b. What is the culture like?**

Everything is later, so typical Spanish culture. Dinner and sometimes university times may be late if you're not expecting it.

**c. Could you give some information about public transport infrastructure?**

You can travel for free with the public transport if you are below 30.

## 6. Expenses

**a. Can you give an indication of your expenses for/during your exchange?**

Category	Expenses
Travelling there	cheap
Visa - if applicable	-
Vaccinations - if applicable	-
Insurances (extra) - if applicable	-
Daytrips/sight-seeing	Cheap
Housing costs per month & type of housing/accommodation	400-500
Grocery costs per month	cheap
Public transport costs per month	0
Restaurant/going out for dinner costs per month	Restaurants 15-20 euro for dinner

**b. The price levels were in general [higher; lower; equal] in comparison to in the Netherlands:** lower**c. Additional remarks regarding expenses?**

## 7. Free time

**a. What are must-sees in the area?**

If possible, road-trips in Spain are really nice.

**b. What does not appear in a travel guide, but is definitely worth seeing/doing?**

Andalucie by car

## 8. Challenges & best moment abroad

**a. Any challenges? How did you deal with them?**

**b. Best memory?**

Road-trips

## 9. Contact details

<b>Is the reader allowed to contact the writer?</b>	yes <input type="checkbox"/>	no <input checked="" type="checkbox"/>
<b>Name &amp; email address (if yes)</b>		